

# Peak Mini Mack - Red

Product Code: C4205C-FX

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Distributor:



**User Manual**

# Thank You!

Thank you for purchasing Peak-Care Mini Mack Rollator.  
The Walking aid is suitable for a single user with limited mobility. The Mack Rollators are ideal for indoor and outdoor use.

Kindly take time to go through this manual which gives you details about your Mack Rollator. Kindly keep this booklet handy and use it as and when required.

Mack Rollators are warrantied to be free of defects in material and workmanship for twelve months from the date of purchase. This device was built to exacting standards and carefully inspected prior to packing and shipping. This warranty is an expression of our confidence in the materials, our workmanship and an assurance of the same to our customers.

In the event of a defect covered by this warranty, we will at our option supply parts or replace the unit. This warranty does not cover device failure due to owner's misuse or negligence or normal wear and tear. This warranty does not extend to nondurable components such as rubber accessories, castors and grips, which are subject to normal wear and need periodic replacement.

If you have any queries, please contact the distributor

Please read this User Manual carefully before using the Mack Rollator.



## How to Use Hand Brakes

- Push down on the knob located at the rear of the hand brake handles. The handle will lock into downward position when properly engaged.

## How to Sit with a Rolling Rollator

- Lock the brakes by pushing down on the knob located at the rear of the brake handle until it locks in the downward position.
- Test the Rollator before sitting down to ensure that the brakes are engaged and the Rollator will not roll.
- Before sitting, touch the back of your legs to the edge of the seat to ensure proper positioning of the Rollator.
- Use the handles to stabilize your body as you turn around.
- Holding your hands on the handles, slowly lower your body onto the seat.

## How to Adjust the Hand Brakes

To maintain the preset position, be sure that the tension adjustment screw locking nuts are tight against the housing and rear wheels.

1. Hand brake is too loose: Loosen the tension adjustment screw locking nut and turn the screw one full turn clockwise (as viewed from standing at the back of the Rollator). If this does not correct the adjustment, repeat one more full turn. Repeat one turn at a time until you have adjusted your brakes. Make sure the locking nut is spun tight against the housing to prevent the screw from loosening.

2. Hand brake is too tight: Loosen the tension adjustment screw locking nut and turn the screw one full turn counter clockwise (as viewed from standing at the back of the Rollator). If this does not correct the adjustment, repeat one full turn at a time until you have adjusted your brakes. Make sure the locking nut is spun tight against the housing to prevent the screw from loosening.

## 7. Determine Correct Handle Height

Stand behind the Rollator with your arms and hands hanging at your sides and both feet in line with the rear wheels. Adjust the height of the Rollator handles so that they are even with your hip joint. When you stand straight and grip the handles, your arm should be bent at your elbows, approximately 20 to 30 degrees



## 8. Lock N Load User Information

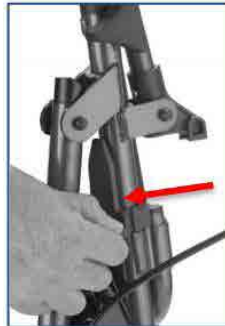
### Lock:

1. Place the Rollator in a folded position and test it on the rear wheels.
2. Grasp the contoured pad at the base of the Lock N Load and push forward until the tip is inserted into the hinge opening.



### Unlock:

1. Rest the locked Rollator on its rear wheels.
2. Grasp the contoured pad at the base of the Lock N Load and push downward until the tip is removed from the hinge opening.
3. Open the Rollator by squeezing the handbrakes and pushing forward.



## 1. Safety Warning Instructions

- DO NOT exceed weight capacity
- DO NOT use as a wheelchair or to transport someone
- DO NOT self-propel or scoot around while seated
- Care should be taken to ensure that all height adjustment knobs, castors, or any other moving objects are in good working order before operating
- Periodically check handle height adjustment screws to make sure they are secure
- Periodically check push buttons on backrest to make sure they are engaged
- Always contact your physician or therapist before use to determine proper adjustment and usage
- Brakes must be in locked position before using the seat. Do not attempt to push yourself or ambulate in any way
- Both feet should rest flat on the ground when sitting
- DO NOT push back on the backrest or extend your body over the backrest. It is not designed to support the entire weight of the user.
- Backrest must always be attached when Rollator is in use
- DO NOT use on stairs, escalators, moving sidewalks or any uneven surfaces
- DO NOT attempt to reach for items while seated on the Rollator. This motion may cause a change in weight distribution and cause the rollator to tip or become unstable
- The rollator bag/basket has a weight capacity of 5 Kg. Items should not hang over the top or front of the basket
- Make sure Rollator frame is fully opened before use
- DO NOT sit on the Rollator on an inclined floor
- DO NOT support your full body weight on the handles when attempting to sit down
- DO NOT remove warning sticker.

## 2. Assembly Instruction

- Carefully remove the Rollator from the plastic bag and remove all the protective cardboard pieces.
- Remove the protective rubber pads and height adjustment screws from the frame (Figure 1).



Fig. 1

- Cut the plastic ties from the handles and insert the into the Frame (Figure 2).



Fig. 2

- Stand the Rollator up and allow it to rest on the rear wheels. Squeeze the brake handles and push forward so that the Rollator is resting on all four wheels (Figure 3).

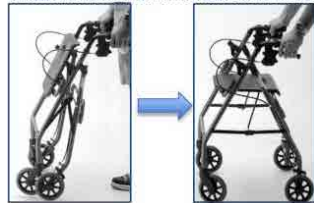


Fig. 3

- Adjust handle to your desired height (refer to instructions under "Determine Correct Handle Height")
- Once you have determined the correct height, insert the screw into the hex screw cut out on the side of the frame and through the handle. Make sure that the hex screw head fits into the hex cut out on inside the frame (Figure 4).
- Tighten the black adjustment knob onto the screw from outside the frame.
- Attach the basket by hanging both hooks on to the crossbar that supports the seat



Fig. 4

## 3. How to Attach the Backrest

Pull and turn the knob on the backrest until the silver part of the knob is exposed. Insert the backrest into the frame and turn the knob clockwise until the back is locked into place. Test the backrest by pulling on it to make sure that the pins are fully engaged.

## 4. How to Open

- Hole both handles and squeeze the hand brakes.
- Hold the Rollator upright and rest it on the rear wheels.
- Push down on both handles until all four wheels touching the ground.
- Push down on the seat to make sure that the Rollator is in a fully opened position.

## 5. How to Fold

- Grasp Easy Fold seat handle located in the rear of the seat and pull upward.

## 6. How to walk with a Rollator

- Roll your Rollator slowly forward so that the rear wheels are a few inches ahead of your body.
- Step forward and place one foot in line with the rear wheels
- Maintaining a steady roll forward, place your other foot in line with the rear wheels.
- Determine the pace that is comfortable and allows you to place each step in line with the rear wheels.