



# The Rifton TRAM

#### The Rifton TRAM is a transfer and

**mobility device** that delivers three powerful functions in one compact unit. With gait training, sit-to-stand and seated transfer capability, the TRAM offers far more than a standard patient lift at a remarkably low price.

The TRAM features an innovative, patented support system that secures the client using two back belts with safety buckles. This enables the caregiver to quickly prepare the client for a safe transfer.

At just over 70 pounds, the TRAM's compact, lightweight frame is maneuverable in confined areas, and simple to transport or store. Quickly adoptable by multiple caregivers, the TRAM's intelligent engineering significantly reduces back strain and stress, providing a smarter and safer environment for workers.



I am blown away with the results of the Rifton TRAM. I have seen patients with severe strokes, spinal cord injuries, Guillian-Barre syndrome and CIDP come to our facility paralyzed and leave walking. This piece of technology has been key to discharging patients not to long-term care but home and into the community.

Linda Rusiecki, DPT Certified Brain Injury Specialist Acute Rehab, Spectrum Health Grand Rapids, MI



### In-home healthcare solution

The TRAM's versatility makes it the perfect sit-tostand solution for clients who need help getting up or support while walking. Compact and agile, the TRAM is ideal for in-home healthcare.

## **Three powerful functions in one device**

### 1. Gait training



With the switch pole in place, the front handle can be removed to increase a client's independence and access to his environment.



# Walking safely with support

The TRAM provides safe, supported ambulation without using additional floor space or staff. The pelvic support eliminates a client's fear of falling, allowing for increased focus on essential tasks while maintaining or regaining the ability to walk. Whether for daily exercise or more demanding rehab, the TRAM's combined sit-to-stand and supported walking functions make it ideal in home or institutional settings.

### 2. Sit-to-stand transfers



### Sit-to-stand for health

The ability to transition between sitting and standing is critical for a client's independence and health. The TRAM's pelvic support makes it safe and easy to assist a client with movement regardless of the caregiver's or client's size.

### **3. Seated transfers**

The TRAM's low profile, combined with the comfortable body support and thigh straps, gives clients security, dignity and unobstructed eye contact with their caregivers and surroundings during a seated transfer.





## Successfully used in:

- Rehabilitation facilities
- Acute care
- Schools
- Facilities for developmentally disabled adults and children
- Geriatrics
- In-home health care

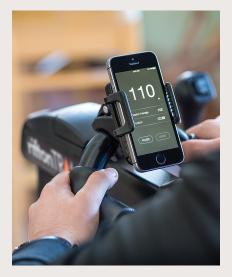


### **Gait Tracker**

The TRAM scale can connect with a phone or tablet via Bluetooth to display scale data on Rifton's Gait Tracker app.

The Gait Tracker shows a running average of the weight measured by the scale and calculates average weightbearing during a gait training session.





Mount a phone on the patient handgrip with a bicycle phone mount to make the scale visible to the client.

#### **RIFTON TRAM**

## **Features of the TRAM**



#### Body support

The TRAM features an innovative support system that secures the client using two back belts with safety buckles. This simplicity enables the caregiver to quickly prepare the client for a safe transfer.





**Built-in up/down switch** Raise and lower the TRAM using the single button built into the right steering handle.



**Color-coded clips** Caregivers can quickly hook the metal rings onto one of the TRAM's four clips. The clips have been color-coded for identification in protocols for individual clients.



6¾" 4¼" 5tandard Low-base

**Low-base TRAM** Smaller casters and a low frame profile give the low-base TRAM a clearance of 4¼", making it perfect for rolling into tight spaces such as beneath hospital beds.



**Leg expander** Compact and low-profile, the TRAM can pass through a 28" doorway. Transfer clients in and out of wider wheelchairs by rotating the leg expander.

**Three stage riser** The TRAM can be raised high enough to support a 6'4" walking client and then retract down to 43½" for compact storage.

## Components



#### Thigh straps

Thigh straps are used for seated transfers. They are machine washable and are available in narrow and wide styles.

Width: narrow 5", wide 7"





#### Arm prompts

Arm prompts provide extra lifting support for clients who have low tone or need their arms secured. The prompts allow adjustments in every direction and angle to accommodate various positioning requirements.

 Adjustment range
 Padded surface area

 (elbow to fist): small 9"-12½"
 small 4½"x 8"

 large 10½"-15"
 large 5"x 9"





#### **Arm platforms**

Arm platforms are a simple arm support alternative for clients who need less positioning. They are made of closed-cell molded foam for padded comfort and easy cleaning.

Padded surface dimensions: 13½"x 5½"





#### Swivel locks

Swivel locks keep the TRAM traveling in a straight line. The locks can be inserted into any or all of the four casters, although two are sufficient to ensure a straight path. With the locks released, the casters are free to swivel for maneuvering in tight spaces.







#### Hip positioner

The hip positioner is designed to encourage good positioning for gait training. It enables natural pelvic movement and lower extremity weight-shifting, and provides good abduction. A pad is available for added comfort.

Dimensions: See page 8



#### **RIFTON TRAM**



#### **Pelvic support**

Available in three sizes, the pelvic support is used for sit-to-stand transfers and gait training. It can also be used for fall prevention, making it suitable for early mobility in recovery. It may fit the client best when the straps are crossed as shown in the photo.

Dimensions: See page 8





#### Switch pole

The switch pole lets a caregiver operate the electric lift without bending down (when not using the front handle). Turn it around to give the client control of the lift.





#### Scale

Weigh your clients during routine transfers, or measure their weight-bearing during gait training. And when the scale is paired with a tablet or phone via Bluetooth, track your client's weight-bearing progress with Rifton's Gait Tracker app.

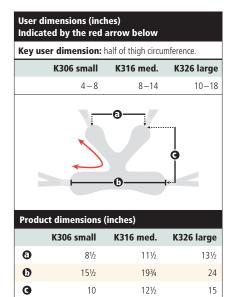
**Note:** The scale option must be chosen at the time of the original purchase. It cannot be added later.



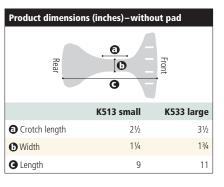
## **Dimensions of the TRAM**

User dimensions (inches)		K310 and K320
Girth		22 min—60 max
Key user dimension: girth		
Important: User's weight or height must not exceed: 350 lbs or 76 inches		
Item dimensions (inches)	K310 TRAM	K320 TRAM
Overall length	451/2	Same
Overall width	271/2-40	Same
Overall height	431/2-58	Same
TRAM weight (lbs)	70	Same
Turning diameter	50	Same
Floor to top of base leg for furniture clearance	6¾	41⁄4
Min. user armpit height (when standing or ambulating)	30½	Same
Max. user height (when standing or ambulating)	76	Same
Max. working load (lbs)	350	Same

#### **Pelvic support**



#### Hip positioner





## How to buy

- 1. Choose standard or low-base frame.
- 2. Select a model with or without scale.
- **3. Choose** thigh straps. Then select additional components as your needs require.
- 4. Fax or email this form to Rifton for a quote, or
- 5. Order online in minutes at Rifton.com.
- 6. Call us any time at 800.571.8198 if you need assistance. We're always here to help.

		5 W 8	K310 Standard (better for gait training)		K320 Low-base (fits under low beds)	
* Frame includes one battery, one battery charger, accessories tote and charger power cord. (International power cords available on request.)	CH	Frame with scale	K301		K321	I
	CHOOSE	Frame	K302		К322	
<b>* Thigh straps</b> (pair)	윤	Narrow	K308		K308	
	CHOOSE	Wide	K338		K338	
Switch pole		K666		K666		
<b>Arm supports</b> (pair)		Small arm prompts	K305		K305	
	£	Large arm prompts	K315		K315	
	CHOOSE	Arm platforms	K397		K397	
		Arm platforms w/ handgrips	K396		K396	
Pelvic support		Small	K306		K306	
	CHOOSE	Medium	K316		K316	
	m	Large	K326		K326	
Hip positioner	£	Small	K667		K667	
	CHOOSE	Large	K668		K668	
Hip positioner pad	£	Small	K541		K541	
	CHOOSE	Large	K542		K542	
dditional battery (recommended for institutional use)			K307		K307	
Additional thigh straps		Narrow single	K318		K318	
	운	Narrow pair	K308		K308	
	CHOOSE	Wide single	K328		К328	
		Wide pair	K338		K338	
wivel locks (pair)		1	K319		K324	

U.

\* Required



# **riftonTR**

Each Rifton TRAM is designed, assembled and tested in our U.S. facilities. And as with all our products, we stand behind our work one hundred percent.

Ideal for transferring, toileting and supported walking with:

- Non-ambulatory adults in acute rehab facilities
- Geriatric clients in skilled nursing facilities or the home
- Post-op patients in the ICU for supported early mobilization
- Children and adults with developmental disabilities in schools or day habilitation centers

See the TRAM in action:



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What impressed me about the TRAM is that it serves a real need. It's a clever and thoughtful use of existing technology that really empowers both the patient and caregiver. I haven't seen anything this innovative in adaptive equipment in a long time.

Steven B. Wilcox PhD, FIDSA MDEA Judge

